

Exeter City FC

Child Friendly Safeguarding Policy



WHAT IS SAFEGUARDING?

Safeguarding is about keeping all children, including you, SAFE.

It is also taking action to protect a child if they are being hurt (or maybe hurt in the near future) – this is known as 'child protection'

We may see and hear things, or you may tell us something and we will need to take action*

WE BELIEVE

We believe that your health, safety, and welfare is very important.

We respect all children (those Under 18) and adults (those over 18) and help to protect their rights.

All children have equal rights to protection – regardless of gender, race, age, ethnicity, ability, sexual orientation, and religious or political beliefs.

WE AIM

We aim to keep all children safe and provide a safe environment for you and every child on our activities where you will be treated fairly and free from harm, discrimination, or bullying. Our staff have been trained to keep you safe while you are with us and take action to prevent harm if we think you need protecting*.

YOU

To help us keep you safe, you are expected to:

- Listen & follow instructions
- Be nice and support others
- Take responsibility for your actions
- Ask for help when you need it
- Respect other children and adults
- Not bully others, be rude or discriminate
- Accept differences and value diversity
- Tell us what you like and don't like

Misconduct will be dealt with by the coach and sanctions will apply – up to and including exclusion.

DON'T BOTTLE IT UP – SPEAK UP IF SOMEONE IS:

- Bullying you or saying nasty things to you that you do not like or upsets you
- Sending nasty messages on social media or your phone
- Threatening to send embarrassing photos of you to others or asking for money/favours
- Touching you in ways you do not like (know the NSPCC underwear rule)
- Trying to give you tablets, cigarettes, drugs or alcohol*
- Hitting or hurting you*

IF YOU NEED TO TALK – WE WILL LISTEN

It is important to know where to get help if you are worried or unhappy about something or someone.

- You can talk to any coach or adult looking after you at the club
- You can tell a friend and then go with your friend to tell an adult
- You can contact **CHILDLINE** anytime (24 hours) – calls are free and confidential

If you are in immediate danger call 999.

YOUR VOICE – BE HEARD

If you want to give us feedback or tell us something, you can speak with your coach or adult at the Club or email: safeguarding@ecfc.co.uk



*We can't keep secrets. If we need to protect you or someone else from harm, then we will need to tell others who can help. If this stops you speaking up – please call **CHILDLINE** on **0800 11 11**

ECFC Safeguarding Contact:

Kay Crawford

ECFC Safeguarding Contact:

Josh Cann

ECFC Safeguarding Contact:

Justin Quick